

WELLNESS POLICY WALL SCHOOL DISTRICT

The policy of the Wall School District is to:

- 1. Provide a positive environment and appropriate knowledge regarding food.**
 - a. Ensure that all students have access to healthy food choices during school and at school functions.
 - b. Provide a pleasant eating environment for students and staff.
 - c. Allow a minimum of 20 minutes for students to eat lunch and socialize in the designated cafeteria area.
 - d. Enable all students, through a comprehensive curriculum, to acquire the knowledge and skills necessary to make healthy food choices for a lifetime.

- 2. When using food as a part of class or student incentive programs, staff and students are encouraged to utilize healthy nutritious food choices.**

- 3. When curricular-based food experiences are planned, staff and students are encouraged to seek out good nutrition choice whenever appropriate.**

- 4. Reduce student access to foods of minimal nutritional value.**
 - a. In keeping with contractual obligations to the National School Lunch/Breakfast programs, ensure the integrity of the school lunch program by prohibiting food and beverage sales that are in direct conflict with the lunch/breakfast programs.
 - b. Encourage the practice of good nutrition by reducing the sale or distribution of foods of minimal nutritional value through a four-year plan that focuses on:
 - Reducing access to non-nutritional foods.
 - Educating students about healthy foods.
 - Selective pricing that favors sales of healthy foods.

- 5. To accomplish these goals:**
 - a. Child Nutrition Programs comply with federal, state, and local requirements. Child Nutrition Programs are accessible to all children.
 - b. Sequential and interdisciplinary nutrition education is provided and promoted.
 - c. Patterns of meaningful physical activity connect to students' lives outside of physical education.
 - d. All school-based activities are consistent with local wellness policy goals.
 - e. All foods and beverages made available on campus (including vending, concessions, a la carte, student stores, parties, and fundraising) during the school day are consistent with the current Dietary Guidelines for Americans.
 - f. All foods made available on campus adhere to food safety and security guidelines.
 - g. The school environment is safe, comfortable, pleasing, and allows ample time and space for eating meals. Food and/or physical activity is not used as a reward or punishment.